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MINIMALLY-INVASIVE TREATMENTS
of the
THYROID
2023
State of Art in Europe

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CONFERENCE VENUE

Aula Magna
University of Milan
Via Festa del Perdono 7 - 20122 Milan, Italy

PROVIDER AND ORGANIZING SECRETARIAT

Arseducandi Srl



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OFFICIAL LANGUAGE

English

CME CREDITS

The Conference will be accredited at the European Accreditation Council for Continuing Medical Education (EACCME) and at the Italian Continuing Medical Education (CME).

The conference has been granted for Italian CME credits for Physician: Endocrinology, Oncology, Radiodiagnosis, Internal Medicine, General Surgery, Pathological Anatomy, Otolaryngology, Nuclear Medicine.

EDUCATIONAL OBJECTIVE:

Guidelines, procedures and clinical documentation

REGISTRATION - FREE OF CHARGE

The conference is reserved for n. 200 Physicians.

Dead line registration: February 6th, 2023

Registration includes:

CME Accreditation; Access to all Scientific Sessions; Attendance certificate

Subscribe to the Conference:

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Milan, Italy

16-17 February 2023

University of Milan - Aula Magna -

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Thursday, 16th February, 2023

Friday, 17th February, 2023



Minimally Invasive Thyroid Treatments (MITT) have been demonstrated to be an effective treatment for benign and malignant thyroid nodules, and are increasingly applied in the clinical practice all over Europe.

The MITT group has been founded in 2018 in Italy to promote multidisciplinary partnership among physicians with different expertise who share the interest in MITT and to improve the clinical, diagnostic, and therapeutic management of benign and malignant thyroid and parathyroid glands diseases.

During the meeting “Minimally Invasive Thyroid Treatments: 2023 state of the Art in Europe”, expert from all over Europe will share their experience in the application of MITT in patients with benign and malignant thyroid lesions. Present guidelines on the topic will be illustrated, and the state of MITT in the different European countries will be presented.

Furthermore, the present status of the application of different available techniques will be presented, with a special focus on new developments and future perspectives attended for each technique.

On the second day of the meeting, some “hot topics” will be discussed, including the problem of regrowth for benign thyroid nodules, the application of advanced imaging modalities to improve the clinical results, and some critical clinical scenarios like the treatment of microcarcinomas, nodal metastases and parathyroid adenomas.

Before concluding the meeting, a series of real-life clinical cases will be presented and discussed between the expert panel and the participants.

Endorsement requested

(to be confirmed)

CIRSE | ETA | SIUMB | SIRM | AME | SIE | ESE | SFE | SFR | AIT | AFTHY

12.30-13.20 Registration
13.20-13.30 Opening Ceremony

SESSION I THYROID NODULE MANAGEMENT: WHERE ARE WE?

Chairs: **Luigi Cazzato** (Strasbourg - FR), **Luca Maria Sconfienza** (Milan - IT)

13.30-13.50 Thyroid nodules in Europe in 2023: Epidemiology and management - **Laszlo Hegedus** (Odense - DK)
13.50-14.10 European guidelines on MITT in benign thyroid nodules - **Enrico Papini** (Albano Laziale - IT)
14.10-14.30 European guidelines on MITT in malignant thyroid lesions - **Giovanni Mauri** (Milan - IT)
14.30-14.35 Discussion

SESSION II MITT IN EUROPEAN COUNTRIES

Chairs: **Myrsini Gkeli** (Athens - GR), **Luigi Solbiati** (Milan - IT)

14.35-14.45 MITT in Italy - **Stella Bernardi** (Trieste - IT)
14.45-14.55 MITT in France - **Edouard Ghanassia** (Paris - FR)
14.55-15.05 MITT in Austria - **Harald Dobnig** (Graz - AT)
15.05-15.15 MITT in Turkey - **Gulsah Yildirim** (Istanbul - TR)
15.15-15.25 MITT in Spain - **Eduardo Crespo Vallejo** (Madrid - ES)
15.25-15.35 MITT in UK - tbd
15.35-15.45 MITT in Portugal - **Teresa Dionisio** (Lisbon - PT)
15.45-16.00 Panel discussion
How to expand application of MITT in Europe?

16.00-16.30 Break

SESSION III MITT TECHNIQUES

Chairs: **Jose Luis Del Cura** (Donostia, Gipuzkoa - ES), **Laura Fugazzola** (Milan - IT)

16.30-16.45 RFA in 2023 in Europe: where are we now - **Fulvio Stacul** (Trieste - IT)
16.45-17.00 RFA: new development and future perspectives - **Pal Akos Deak** (Budapest - HU)
17.00-17.15 Laser ablation in 2023: where are we now - **Giovanni Gambelunghe** (Perugia - IT)
17.15-17.30 Laser ablation: new development and future perspectives - **Pablo Vidal**
17.30-17.45 MWA in 2023 in Europe: where are we now - **Bülent Cekic** (Antalya - TR)
17.45-18.00 MWA: new development and future perspectives - **Andrea Casaril** (Verona - IT)
18.00-18.15 HIFU in 2023 in Europe: where are we now - **Monpeyssen Hervé** (Paris - FR)
18.15-18.30 Laser, RFA, and MWA: how may I do the choice? - **Stefano Spiezia** (Naples - IT)
18.30-19.00 Discussion
Discussant: **Luca Persani** (Milan - IT)

08.30-09.00 Registration

SESSION IV HOT TOPIC IN MITT

Chairs: **Vito Cantisani** (Rome - IT), **Laszlo Hegedus** (Odense - DK)

09.00-09.15 The problem of regrowth in BTN - **Roberto Negro** (Lecce - IT)
09.15-09.30 MITT in the management of hyperfunctioning nodule - **Salvatore Alborino** (Macerata - IT)
09.30-09.45 Improving ablation results: the role CEUS - **Maurilio Deandrea** (Torino - IT)
09.45-10.00 MITT in PTMC: new data and future perspectives - **Giovanni Mauri** (Milano - IT)
10.00-10.15 Lymph node ablation: where are we now? - **Andrea Frasoldati** (Reggio Emilia - IT)
10.15-10.30 Parathyroid ablation, which are the evidences? - **Edouard Ghanassia** (Paris - FR)
10.30-10.45 Economical impact of MITT - **Giampaolo Papi** (Modena - IT)
10.45-11.00 Panel discussion

11.00-11.30 Break

11.30-12.30 Conclusions and future perspectives
Stella Bernardi (Trieste - IT), **Giovanni Mauri** (Milan IT)

12.30-13.30 BREAKTHROUGHS IN TECHNOLOGY

(Session not accredited CME)

Discussant:

Edouard Ghanassia (Paris - FR), **Luigi Solbiati** (Milan - IT)

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