

Minimally-Invasive Treatments

of the
THYROID

**MITT
2027**

NAPLES ITALY

Hotel Royal Continental

**18th-19th FEBRUARY
2027**

Minimally Invasive Thyroid Treatments (MITT) have been demonstrated to be effective treatments for benign and malignant thyroid diseases and are increasingly integrated into clinical practice throughout Europe and worldwide. Growing evidence and continuous technological evolution are progressively reshaping the management of thyroid and parathyroid disorders.

Founded in 2018 in Italy, the MITT group promotes multidisciplinary collaboration among physicians involved in minimally invasive thyroid treatments, with the aim of improving the clinical, diagnostic, and therapeutic management of thyroid and parathyroid diseases.

The 2027 MITT Conference will further strengthen its international and European dimension, bringing together experts from multiple countries to share their experience and discuss evolving evidence, new technologies, clinical indications, and future perspectives of MITT.

A distinctive feature of the 2027 edition will be the organization of several joint sessions together with international scientific societies involved in minimally invasive treatments of the thyroid, promoting interdisciplinary discussion and international cooperation in research, education, and guideline development.

Interactive sessions, expert debates, video-based procedural learning, and real-life clinical case discussions will provide participants with a practical and clinically oriented educational experience.

The meeting will conclude with a dedicated hands-on afternoon session, allowing participants to directly experience different ablation technologies and techniques on dedicated phantoms under expert supervision.

SCIENTIFIC COMMITTEE

Giovanni Antonelli, Naples - IT
Stella Bernardi, Trieste - IT
Edouard Ghanassia, Sete - FR
Giovanni Mauri, Milan - IT
Enrico Papini, Albano Laziale, RM - IT
Luca Maria Sconfienza, Milan - IT
Luigi Solbiati, Milan - IT
Stefano Spiezia, Naples - IT

LOCAL HOST

Giovanni Antonelli, Naples - IT
Stefano Spiezia, Naples - IT

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DAY 1

THURSDAY, 18TH FEBRUARY 2027

09.45-10.15 Registration

10.15-10.30 **WELCOME TO MITT 2027**

SESSION 1

Benign thyroid nodules

- 10.30-10.35 Video clip: benign thyroid nodule ablation - anatomy of the neck key points
- 10.35-10.40 Clinical case: from comprehensive assessment to the treatment
- 10.40-10.45 Interactive questions
- 10.45-10.55 Image-guided treatment to compensate thyroid overtreatment
- 10.55-11.05 Agreement and disagreements in different guidelines
- 11.05-11.15 Is thyroid surgery evolving as a second line treatment? When and how?
- 11.15-11.25 When thermoablation achieves therapeutic success compared to surgery?
- 11.25-11.35 Q&A
- 11.35-11.55 **Round table:** Are we ready to propose ablation as first line treatment for BTN?
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SESSION 2

Before, during and after the procedure

- 11.55-12.00 Video-clip: preparation and setting
- 12.00-12.05 Clinical case
- 12.05-12.10 Interactive questions
- 12.10-12.20 The patient consultation
- 12.20-12.30 Preprocedural workup, room setting and postprocedural management
- 12.30-12.40 Which is the ideal nodule to treat?
- 12.40-12.50 Which technique for which case?
- 12.50-13.00 Q&A
- 13.00-13.20 Ethical aspects: clinical cases presentation
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13.20-14.20 **Break**

14.20-14.35 **Special Lecture:**
From reactive to proactive approach

DAY 1

THURSDAY, 18TH FEBRUARY 2027

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SESSION 3

Hot Topics: Autonomously functioning Thyroid nodules (AFTN)

- 14.35-14.40 Video clip: AFTN ablation
- 14.40-14.45 Clinical case
- 14.45-14.50 Interactive questions
- 14.50-15.00 Clinical presentation and medical management
Pros and cons of radioiodine ablation
- 15.00-15.10 Key points on the treatment of AFTN: management of the energy, the vascular technique, successful treatment's benchmarks
- 15.10-15.20 Thermal ablation in AFTN vs non thermal ablation a new paradigm shift
- 15.20-15.25 Q&A
- 15.25-15.35 *Discussion*
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SESSION 4

Hot Topics: The indeterminate nodule

- 15.35-15.40 Video clip: the indeterminate nodule
- 15.40-15.45 Clinical case
- 15.45-15.50 Interactive questions
- 15.50-16.00 Molecular testing: which one is better, and how to interpret the results
- 16.00-16.10 Which criteria to follow treating indeterminate nodules
- 16.10-16.20 Surgery, pros and cons
- 16.20-16.30 Ablation, pros and cons
- 16.30-16.40 Q&A
- 16.40-17.00 **Round table:** can we ablate indeterminate nodules
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- 17.00-17.20 **Break**
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SESSION 5

New in the field: Thyroid embolization

- 17.20-17.25 Video clip: embolization treatment clinical case
- 17.25-17.30 Clinical case
- 17.30-17.35 Interactive questions
- 17.35-17.45 Thyroid embolization: how I do it
- 17.45-17.55 Combined therapies, what role for MITT
- 17.55-18.05 Q&A
- 18.05-18.25 **Round table:** Multimodal approach to the treatment of symptomatic goiter
- 18.25-18.40 **Special lecture:**
Terminology and reporting criteria in image-guided

DAY 2

FRIDAY, 19TH FEBRUARY 2027

08.00-08.30 Registration

08.45-09.00 WELCOME TO 2ND DAY

09.00-09.15 **Introduction Special Lecture:**
Counterbalancing overdiagnosis by minimizing the invasiveness of treatment

SESSION 6 PTC

09.15-09.20 Video clip, PTC

09.20-09.25 Clinical case

09.25-09.30 Interactive questions

09.30-09.40 Active surveillance: pros and cons

09.40-09.50 Surgery: pros and cons

09.50-10.00 US guided Ablation: pros and cons

10.00-10.10 TIPS and TRICKS: pearls of US guided treatment's technique

10.10-10.20 Q&A

10.20-10.40 **Round table: are we ready to propose ablation as first line treatment for PTC?**

10.40-11.10 Break

11.10-11.25 **Special Lecture:**
How everything started and where are we going to

SESSION 7 LYMPH NODE

11.25-11.30 Video-clip: lymph-node ablation

11.30-11.35 Clinical case

11.35-11.40 Interactive questions

11.40-11.50 Eligibility to different treatments: is ablation a shortcut to surgery?

11.50-12.00 Management of oligometastatic, advanced recurrent or nodal metastases

12.00-12.10 Q&A

12.10-12.30 **Round table: how to follow up**

DAY 2

FRIDAY, 19TH FEBRUARY 2027

SESSION 8 PARATHYROID

12.30-12.40 Parathyroid ablation, clinical and anatomical management

12.40-12.50 Tips and Tricks of ablative technique

12.50-13.00 Q&A

13.00-13.20 **Special Lecture:**
NEW TECHNOLOGY - Nano-Pulse field ablation: results and durability

13.20-13.35 Concluding remarks: what scenarios could we imagine for the next future?

14:00-18:00 HANDS-ON COURSE Thermal ablation

Participants will have the opportunity to perform ablations on dedicated phantoms using different systems across various stations, all under expert supervision.

[LIMITED AVAILABILITY]

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MEETING VENUE

Hotel Royal Continental
Via Partenope, 38
Naples, Italy

ORGANIZING SECRETARIAT

Arseducandi Srl



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OFFICIAL LANGUAGE

English

REGISTRATION FEES (VAT included)

The Meeting is reserved for n. 200 Participants

Registration to the MEETING	Early registration until December 31 st , 2026	Registration from January 1 st , 2027
NON member	€ 350,00	€ 450,00
MITT member	€ 100,00	€ 200,00
Member of Scientific Societies affiliated with the MITT: SIUMB	€ 250,00	€ 350,00
Registration to the COURSE Registration is only possible in combination with meeting registration	Early registration until December 31st, 2026	Registration from January 1st, 2027
HANDS-ON Course on thermal ablation	€ 100,00	€ 100,00